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[Notable astronauts](#)

Astronaut	Mission	Accomplishment
Yury Gagarin	Vostok 1	first man in space
Alan Shepard	Mercury-Redstone 3 (Freedom 7)	first American in space
Gherman Titov	Vostok 2	first to spend more than one day in space; youngest person (25 years old) in space
John Glenn	Mercury-Atlas 6 (Friendship 7)	first American in orbit

[Astronaut - Pioneers, Explorers, Heroes | Britannica](#) : topic : astronaut : Notable-astronauts

[Astronauts and cosmonauts](#) are trained personnel who travel in space. [Astronaut](#) refers to an American or western European space traveler and [cosmonaut](#)